

**SENIOR NEWSLETTER AUGUST 2017**  
**MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES**  
**EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137**

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**MONDAY – FRIDAY Hours: 9 AM to 2 PM**  
**OUTREACH PAM HEALY 203 261-0289**

Dear Friends,

I cannot believe we are in the month of August and summer is coming to a close. I have a lot planned for the fall and I hope that you will come to one or all of these events. Please read below for more details on my presentation in September. Enjoy these dog days of summer and come to the Easton Senior Center on those hot days to cool off!

Hope to see you soon,

**Wednesday, September 20<sup>th</sup> at 8:30 a.m. at the ESC**  
**THE BASICS OF MEMORY LOSS, DEMENTIA AND ALZHEIMER'S DISEASE**

Shanon Jordan, the Southwestern Regional Director of the Alzheimer's Association of CT will be here to talk about, educate and provide us with information on detection, causes and risk factors, stages of the disease and much more! Alzheimer's disease is not a normal part of aging and if you or someone you know is affected by Alzheimer's disease or dementia it's time to learn the facts!

*Breakfast will be served and you need to sign up by calling Alison at 203-268-1137*

I am wondering how many of you use your email to correspond. I would like to start a newsletter or "news blast" via email so if you would like to receive emails from me about events or information pertaining to seniors let me know! My email is [awitherbee@eastonct.gov](mailto:awitherbee@eastonct.gov) or stop in and add your name to the list to receive information electronically!

The Commission for the Aging does not meet over the summer but will resume meetings in September.

*Please, call Pam Healy to arrange a visit.* She is a caring listener, and has valuable information about the social services programs and resources available to you. As your Easton Outreach Visitor, Pam is available to you with just a phone call 203-261-0289.